

2023 GIS SAFETY INSPECTION REQUIREMENTS:

We will be inspecting:

- Driving Suit
- Helmet
- Belts
- Raceciever
- Shoes
- Roll Cage's
- Gloves
- Extinguisher 2.5lb (In Car)

There is no grace period, it MUST be correct before we allow you to race. NO EXCEPTIONS.

ROLL CAGES: check the rules on the website for your class and make sure it is CORRECT.

HELMETS: MUST be Snell Approved. It MUST have a certification sticker- SA2015 or SA2020. All SA2010 helmets expired 1/1/2022. No DOT helmets.

SEATBELTS: Must have five (5) point quick release racing type seat belt and shoulder harness three (3) inches wide and must be bolted to the roll cage with minimum 7/16" bolts. ANY tears, rips, holes, or frays must be replaced immediately.

WINDOW NETS: Are highly recommended.

RACE SUITS: Full or two-piece suit required. No rips, holes, etc.

SEATS: Must be aluminum and properly bolted. ABSOLUTELY no plastic or fiber glass. Full containment is HIGHLY recommended.

SHOES/GLOVES: REQUIRED.

WINDSHIELD BARS: Minimum of three (3) in front of driver.

DISCLAIMER: YOU as adults are responsible for your own safety just as you put your seatbelt on every time you drive a personal vehicle. An annual safety inspection done by the track at the beginning of the year does not mean Golden Isles Speedway is liable if you choose to not partake in these safety measures the track enforces, in all stated rules, after March 25th. GIS does still do random inspections throughout the year for these things and if you are caught not abiding by the rules you will be parked until you can do so. If you are caught during a race, you will be disqualified.